# Course Type/Status: CoreCourse Code: PSYC E2025Course Title: Applied Psychology

## **Learning Outcomes:**

The students will be able to apply the psychological principles in various fields by studying this course unit.

## **Course Content:**

Introduction: Nature of Applied Psychology, Social Development of Applied Psychology, History of Applied Psychology, IQ test, Emotional test, Personality test, Psychology and Social Development, Counselling for Mental Illnesses, Educational, Family and Professional Problems, Parapsychology, Positive thinking

# Method of Teaching and Learning:

Lectures, discussions; presentation, tutorials and assignment.

# Scheme of Evaluation:

At the end of the semester 80% for the written examination; 20% for the assignment, presentation and tutorials.

## **Recommended Reading:**

Bandura, A., (1986), Social Foundations of Thought and Action: A Social – Cognitive Theory, Englewood Cliffs, NJ.

Corey,G., (1986) Theory and practice of counselling and Psychotherapy. Califonia: Books/Cole. Hansel, C.E.M., (1980), ESP and Parapsychology. New York : Buffalo.

Sternberg, R,J.,(1986), Intelligence Applied, New York, Harcourt Brace Jovanovich Inc.

Synder, C,R, & Lopez,S,J.,(eds) (2002), Handbook of Positive Psychology. New York: Oxford University Press.