# Course Type/Status: CoreCourse Code: PSYC E1035Course Title: Personality and Personality Development

## **Learning Outcomes:**

This course will enable the students to enhance their skills to clarity the concept of personality the problems related to personality development.

## **Course Content:**

Introduction to personality and its various dimensions, Physiological and Psychological basis of personality, Methods of rating personality and classification of personality, Theories of personality, Factors influencing the development of personality, Relationship between social development and personality, Problems of personality.

## Method of Teaching and Learning:

Lectures, discussions; presentation, tutorials and assignment.

## **Scheme of Evaluation:**

At the end of the semester 80% for the written examination; 20% for the assignment, presentation and tutorials.

## **Recommended Reading:**

Haber, P. N. & Fried, A. H., (1975), *An Introduction to Psychology*, Holt Rinehart & Winston Inc., New York.

Imbado, P. G. Z., (1979), *Psychology and Life*, Scott Foresman & Company, London, Tenth Edition.

Levin, M. J., (1978), *Psychology - A Biographical Approach*, McGraw-Hill Book Company, New York.

Sternberg, R. J. & Rusgis, P., (1994), Personality and Intelligence, Cambridge University Press.