

Course Type/Status : Core
Course Code : PSYC E1015
Course Title : Introduction to General Psychology

Learning Outcomes:

At the end of the course, the student will be able to explain the nature of Psychology. The Students will also be sensitized to the relevance and importance of Psychology in everyday life.

Course Content:

Nature of Psychology and its historical development: Schools of Psychology; fields of Psychology, study of the nature of Psychology, the biological and sociological basis of Psychology; Introduction to basic concepts in Psychology: motivation, perception, memory, intelligence.

Method of Teaching and Learning:

Lectures, discussions; presentation, tutorials and assignment.

Scheme of Evaluation:

At the end of the semester 80% for the written examination; **20%** for the assignment, presentation and tutorials.

Recommended Reading:

එදිරිසිංහ දයා (සංස්), (1997), *මනෝවිද්‍යාව ගුරුකුල සහ විද්‍යාඥයෝ*, වත්මා ප්‍රකාශකයෝ, දෙහිවල.
Bandura,A.,(1986), *Social Foundations of Thought and Action: A Social–Cognitive Theory*, Englewood Cliffs, NJ, .
Freud, S., (1960), *A General Introduction to Psychoanalysis*, Washington Square Press, New York.
Hunt, M., (1993), *The Story of Psychology*, Doubleday, New York.
Maslow, A.H., (1970), *Motivation and Personality*, Harper & Row, New York.