

Revised Curriculum
Bachelor of Arts Degree Programme
Center for Distance and Continuing Education, 2021
Subject: Psychology

Year of Study	Semester	Course Code	Course Title	Compulsory/ Optional	Credits
1	1 & 2	PSYC 18214	Introduction to Psychology	Compulsory	4
		PSYC 18224	Psychology of Personality	Compulsory	4
2	3 & 4	PSYC 28214	Psychology of Learning	Compulsory	4
		PSYC 28224	Child Psychology	Compulsory	4
3	5 & 6	PSYC 38214	Psychology of Social Behavior	Compulsory	4
		PSYC 38224	Psychology of Organizational Behavior	Compulsory	4

Course Code:	PSYC 18214
Compulsory/ Optional:	Compulsory
Course Name:	Introduction to Psychology
Intended Learning Outcomes:	<p>At the completion of this course unit the student will be able to</p> <ul style="list-style-type: none"> ➤ Describe the nature and basics of psychology. ➤ Demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories. ➤ Develop an appreciation for psychology in the study of human behavior. ➤ Relate the knowledge of psychology with experiences in human life.
Course Content	<p>Introduction to psychology; Nature, aims and fields, Research methods in psychology, history of Psychology. Introduction to fundamental theories in Psychology: Psychoanalytic Theory, Behavioral Theory, Gestalt Theory, Cognitive Theory, Humanistic and Existential Theory, Social Learning Theory. Introduction to basic concepts in psychology: Perception, Emotion, Motivation, Memory, Intelligence, Mental Health.</p>
Teaching /Learning Activities:	<p>Lectures, Discussions, Assignments, Workshop</p> <p>All should be presented by using LMS (As PowerPoint presentation), Using web search and self-studies methods.</p>
Assessment Strategy:	<p>Written exam (100 marks) or written exam (80 marks) + assignments (20marks) at end of the academic year.</p>
Recommended Reading:	<ul style="list-style-type: none"> • ඊවන හිමි, කුඹුකන්දන, (2020), <i>ව්‍යවහාරික මනෝවිද්‍යාව</i>, නෙප්වුන් ප්‍රකාශකයෝ, බත්තරමුල්ල. • Freud, S., (1960), <i>A General Introduction to Psychoanalysis</i>, Washington Square Press, New York. • Hunt, M., (1993), <i>The Story of Psychology</i>, Doubleday, New York. • Maslow, A.H., (1970), <i>Motivation and Personality</i>, Harper & Row, New York. • Robert S. Feldman, (2004), <i>Understanding Psychology</i>, 6th Ed, McGraw Hill; New Delhi.

Course Code:	PSYC 18224
Compulsory/ Optional:	Compulsory
Course Name:	Psychology of Personality
Intended Learning Outcomes:	<p>At the completion of this course unit the student will be able to</p> <ul style="list-style-type: none"> ➤ Interpret the leading terms, concepts, theoretical perspectives, empirical findings, and historical trends in psychology of personality. ➤ Demonstrate the fundamental knowledge in personality and personality development. ➤ Relate psychological concepts and content in psychology of personality with building characters.
Course Content	<p>Introduction to personality, Dimensions of personality, Factors of personality, Theories of Personality; Psychoanalysis, Behavioral Theory, Trait Theory, Humanistic and Existential Theory, Cognitive Theory, Social Learning Theory, The concept of personality development, Techniques of personality development, Characteristics of successful personality: Appearance, Hygiene, Social Adjustment, Soft Skills, Presentation skills, Personality at applied settings.</p>
Teaching /Learning Activities:	<p>Lectures, Discussions, Assignments, Workshop</p> <p>All should be presented by using LMS (As PowerPoint presentation), Using web search and self-studies methods.</p>
Assessment Strategy:	<p>Written exam (100 marks) or written exam (80 marks) + assignments (20marks) at end of the academic year.</p>
Recommended Reading:	<p>Text Books:</p> <ul style="list-style-type: none"> • ගයන්ත එන්. ඩී. ජී., (2019), <i>පෞරුෂය හා පෞරුෂ වර්ධනය</i>, කර්තෘ ප්‍රකාශන, මාකොළ. • Corr, Philip, J. (2009), <i>The Cambridge Hand book of Personality Psychology</i>, Cambridge University Press, Oxford <p>Recommended Readings:</p> <ul style="list-style-type: none"> • රේචන් හිමි, කුමුකන්දන, (2020), <i>මනෝවිද්‍යාව: න්‍යාය හා සංකල්ප</i>, නෙප්වුන් ප්‍රකාශකයෝ, බත්තරමුල්ල. • Burger, Jerry M., (2004), <i>personality</i> (6th Ed), USA; Thomas Wadsworth. • Larsen, Randy J., (2017), <i>Personality Psychology: Domains of Knowledge about Human Nature</i>, McGraw-Hill Book Company, New York. • Sternberg, R. J. & Rusgis, P., (1994), <i>Personality and Intelligence</i>, Cambridge University Press, Oxford. <p>Weiner, Irving B., (2003), <i>Handbook of Psychology, Personality and Social Psychology</i>, John Wiley & Son, New Jersey</p>

Course Code:	PSYC 28214
Compulsory/ Optional:	Compulsory
Course Name:	Psychology of Learning
Intended Learning Outcomes:	<p>At the completion of this course unit the student will be able</p> <ol style="list-style-type: none"> 1. To define learning and compare and contrast the factors that cognitive, behavioral, and humanistic theorists believe influence the learning process 2. To name and discuss the major categories of variables that have been studied in psychology of learning. 3. To explain the factors, influence on learning and demonstrate learning and teaching skill. 4. To relate psychological principles with the learning process in the classroom context.
Course Content	An introduction to learning, Research methods in Psychology of Learning, Factors of learning, Theories of Learning; Behavioral Theory, Gestalt Theory, Humanistic and Existential Theory, Cognitive Theory, Social Learning Theory, Memory and memory skills, Forgetting. Effective study skills, Examination skills, Motivation, Stress, Anxiety and Study life, Learning-related problems.
Teaching /Learning Activities:	<p>Lectures, Discussions, Assignments, Workshop</p> <p>All should be presented by using LMS (As PowerPoint presentation), Using web search and self-studies methods.</p>
Assessment Strategy:	Written exam (100 marks) or written exam (80 marks) + assignments (20marks) at end of the academic year.
Recommended Reading:	<p>Text Books:</p> <ul style="list-style-type: none"> • රේචන් හිමි, කුමුකන්දන, (2020), <i>ඉගෙනුම පිළිබඳ මනෝවිද්‍යාව</i>, නෙප්වුන් ප්‍රකාශකයෝ, බත්තරමුල්ල. • Bhatia, Hai Raj, (2003), <i>A Text Book of Educational psychology</i>, Macmillan, Delhi. <p>Recommended Readings:</p> <ul style="list-style-type: none"> • රේචන් හිමි, කුමුකන්දන, ගයන් කරුණාරත්න, නතාලියා ප්‍රනාන්දු, රනිල් කුමාරනායක, (2020), <i>ක්‍රියාමාර්ග හා ජීවිතය</i>, නෙප්වුන් ප්‍රකාශන, බත්තරමුල්ල. • Ausubel, D.P., (1968), <i>Educational Psychology: A Cognitive View</i>, Holt, Rinehart & Winston, New York. • Bandura, Bloom, B.S., (1970), <i>Human Characteristics and School Learning</i>, McGraw-Hill, New York. • Gagne, R. M., (1965), <i>The Conditions of Learning</i>, Holt, Rinehart & Winston, New York. • Parsons, Richard D., (2001), <i>Educational Psychology</i>, Wadsworth, Singapore.

Course Code:	PSYC 28224
Compulsory/Optional:	Compulsory
Course Name:	Child Psychology
Intended Learning Outcomes:	<p>At the completion of this course unit the student will be able to</p> <ul style="list-style-type: none"> ➤ Describe physical, cognitive, and socio-emotional development from conception through adolescence, citing psychological knowledge. ➤ Explain socio-cultural influences on development from the macro (cultural) to the micro (intra-familial) systems. ➤ Articulate an understanding of competing environmental influences on development. ➤ Illustrate issues regarding children's wellbeing by utilizing psychological thinking and research methods.
Course Content	<p>Introduction to Child Psychology; Nature, Scope and Subject matter of Child Psychology, History, Research Methods in Child Psychology,</p> <p>Prenatal Development; Birth, and the Newborn Baby; major steps in Prenatal Development, prenatal risk factors, process of birth, development in neonatal period.</p> <p>Physical Development in childhood; Physical and motor development in Infancy, Toddlerhood, early childhood, middle childhood and adolescence</p> <p>Cognitive Development in childhood; intellectual and mental development in Infancy, Toddlerhood, early childhood, middle childhood and adolescence.</p> <p>Social and Emotional Development in childhood; socialization and it's agencies, Social development in Infancy, Toddlerhood, early childhood, middle childhood and adolescence. Personality development, Play.</p> <p>Emotional development in Infancy, Toddlerhood, early childhood, middle childhood and adolescence</p> <p>Moral development in childhood; nature and Stages of moral development.</p>
Teaching /Learning Activities:	<p>Lectures, Discussions, Assignments, Workshop</p> <p>All should be presented by using LMS (As PowerPoint presentation), Using web search and self-studies methods.</p>
Assessment Strategy:	<p>Written exam (100 marks) or written exam (80 marks) + assignments (20marks) at end of the academic year.</p>
Recommended Reading:	<p>Text Books:</p> <ul style="list-style-type: none"> • Berk Laura E., (2012), <i>Child Development</i>, 9th Ed, Pearson, New Jersey.

	<ul style="list-style-type: none"> • Lindon, Jennie, (2010), <i>Understanding Child Development: Linking Theory and Practice</i>, 2nd ed., Oxford University Press, Oxford. <p>Recommended Readings:</p> <ul style="list-style-type: none"> • ප්‍රනාන්දු, නකාලියා, (2017), <i>ළමා සංවර්ධනයට ප්‍රවේශයක්</i>, කර්තෘ ප්‍රකාශන, මීගමුව. • American Psychological Association (2009). <i>Publication manual</i>, 6th ed., American Psychological Association, Washington. • Kail, R. V. (2004). <i>Children and their development</i>, 3rd ed.: Prentice Hall, New Jersey • Lightfoot, Cole & Cole. (2013). <i>The Development of Children</i>, 7th ed. Worth Publishers, New York. Siegler, R., DeLoache, & Eisenberg, N. (2011). <i>How Children Develop</i>, 3rd ed. Worth Publishers, New York.
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Course Code:	PSYC 38214
Compulsory/Optional:	Compulsory
Course Name:	Psychology of Social Behavior
Intended Learning Outcomes:	<p>Intended Learning Outcomes:</p> <p>At the completion of this course unit the student will be able</p> <ul style="list-style-type: none"> ➤ To become familiar with social psychological literature. ➤ To interpret the human behavior in social context and explain the psychological determinants of social behavior. ➤ To demonstrate knowledge of the major theories and research findings in social psychology. ➤ To recognize and evaluate social, cultural, spiritual and other types of diversity. ➤ To apply psychological concepts, theories and research findings to solve problems in everyday life and in society.
Course Content	Introduction to Social Behavior, Research methods in Psychology of Social Behavior, Social Perception, Social Cognition, The Self, Attitudes and attitude change, Prejudice and Discrimination, Social influence and Persuasion, Interpersonal attraction and Rejection, Relationships, Pro-Social Behavior, Aggression and Antisocial Behavior, Behavior in Groups
Teaching /Learning Activities:	Lectures, Discussions, Assignments, Workshop All should be presented by using LMS (As PowerPoint presentation), Using web search and self-studies methods.
Assessment Strategy:	Written exam (100 marks) or written exam (80 marks) + assignments (20marks) at end of the academic year.

Recommended Reading:	<p>Text Books:</p> <ul style="list-style-type: none"> • රේචන් හිමි, කුමුකන්දන, (2020), <i>සමාජ චර්යාව පිළිබඳ මනෝවිද්‍යාව</i>, නෙල්සන් ප්‍රකාශන, බත්තරමුල්ල. • Baron, R.A., Byran, D. (2000), <i>Social Psychology</i>, Allyn and Bacon, New Delhi. <p>Recommended Readings:</p> <ul style="list-style-type: none"> • රේචන් හිමි, කුමුකන්දන, (2020), <i>ආකල්ප: ආකල්ප පිළිබඳ මනෝවිද්‍යාව</i>, නෙල්සන් ප්‍රකාශන, බත්තරමුල්ල. • Allport, G.W., (1954) <i>The Nature of Prejudice</i>, Addison, Wesley, MA. • Petty, R.E. and Cacioppo, J.T. (1981) <i>Attitudes and Persuasion: Classic and Contemporary Approaches</i>, C. Brown, JA. • Shaw, M.E. (1981), <i>Group Dynamics: The Psychology of small group behaviour</i>, McGraw-Hill, New York. <p>Turner, J.C., Hogg, M., Oakes, P., Reicher, S. and Wetherell, M. (1987) <i>Rediscovering the Social Group. A Self – Categorization Theory</i>, Basil Blackwell, Oxford.</p>
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Course Code:	PSYC 38224
Compulsory/ Optional:	Compulsory
Course Name:	Psychology of Organizational Behavior
Intended Learning Outcomes:	<p>At the completion of this course unit the student will be able to</p> <ol style="list-style-type: none"> 1. Describe the nature of Organizational Behavior and its theories. 2. Explain the individual contributors to organizational performance. 3. Analyze psychological problems of workers and issues in organizations. 4. Apply counseling and other psychological concepts into those problems in organizations.
Course Content	<p>Introduction to Organizational Behavior, History of Psychology of Organizational Behavior, Research Methods in Psychology of Organizational Behavior, Organizational Theories, Person-organization Fit; Work and Family Issues, personality, Abilities, Job Satisfaction and Job Attitudes, Motivation and Leadership in Organizations, Work Group and Teams in Organization, Stress and Counselling in Organization. Use of Psychometric Testing in Organizations.</p>
Teaching /Learning Activities:	<p>Lectures, Discussions, Assignments, Workshop</p> <p>All should be presented by using LMS (As PowerPoint presentation), Using web search and self-studies methods.</p>
Assessment Strategy:	<p>Written exam (100 marks) or written exam (80 marks) + assignments (20marks) at end of the academic year.</p>
Recommended Reading:	Text Books:

	<ul style="list-style-type: none"> • Greenberg, J., R. A. Baron. (2000), <i>Behavior in Organizations</i> (7th edition), Prentice Hall, New Jersey. • Luthans, F. (2005), <i>Organizational Behavior</i>, (10th edition), McGraw-Hill, Boston. <p>Recommended Readings:</p> <ul style="list-style-type: none"> • ටේවන හිමි, කුඹුකන්දන, කරුණාරත්න, ගයාන්, ප්‍රනාන්දු, නතාලියා, කුමාරනායක, රනිල්, (2020), <i>ක්ලමටය හා ජීවිතය</i>, නෙප්වුන් ප්‍රකාශන, බත්තරමුල්ල. • Hollander, E. P., (1978), <i>Leadership Dynamics: A Practical Guide to Effective Relationships</i>, Free Press, New York. • Landy, F. J. & Conte, J. M. (2013). <i>Work in the 21st Century: An Introduction to Industrial and Organizational Psychology</i>, 4th Ed. New York: Wiley. • Robbins, S.P., (1989), <i>Organizational Behavior</i>, Prentice Hall, Englewood Cliffs. <p>Sayles, L.R., (1958), <i>The Behavior of Industrial Work Groups</i>, Wiley, New York.</p>
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